

# Lake Oswego Interact Club at the Oregon Food Bank

Activity Report of 8/4/2015 by Ted Ricks

As a first community service activity of the newly former LO Interact Club – combining both Lakeridge HS and LO HS in a “community-based Interact club” – 8 members joined a team of volunteers at the Portland Food Bank at 7900 NE 33rd Dr, Portland, OR 97211 on August 4, 2015. The LO Interact team included: Radhika Subrahmanyam, Neeta Reo, Bailey Buchanan, Johanna Brunson, David Boden, Greg Bisbjerg, Rachel Winningham, and Eric Sasadeusz.



The team spent two hours sorting food for distribution in the Portland Metro area. The Food Bank serves all of Oregon out of this distribution center providing emergency food to those who are not sure where their next meal is coming from – “food insecure” families. About 270,000 Oregonian per month depend on these emergency food packages and 92,000 or 34% are children.

The Food Bank accepts donations and collects discarded groceries from stores like Fred Meyers and from local restaurants. The volunteers pick through donated cans, bags, bottles, and boxes that come to the facility and choose the safest and healthiest foods from bins for these families in need based on a set of standard Food Bank criteria.



This day the volunteer team including 8 members of LO Interact packed 570 pounds of food that will make up 4,751 meals. That worked out to be 226 meals per volunteer according to Bailey Buchanan, the club publicity Board member.

