



"What's Up?" Your Napa Sunrise Rotary Bulletin

<http://www.rotary5130.org>

Upcoming Speakers

- June 23 - President's KICKOUT
 - June 30 - Club Business, Hugh Linn
 - July 7 - Napa County Ag Commission, Greg Clark
 - July 14 - Napa Transportation Authority, Kate Miller
 - July 21 - Safeway Open Golf Tournament, Matt McEvoy
 - July 28 - H. Rod Martin, Oakland Raiders
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Events

- 06/23 - PRESIDENT KICKOUT, no morning meeting
 - 07/01 - Board Meeting
 - 07/01 - Board Meeting
 - 07/04 - PARADE
 - 07/05 - The Table
 - 07/06 - Rotary After Dark
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Birthdays

- Dean Lumbert
June 16
- E. Michael Downer
June 19
- Barry C. Thompson
June 19
- Joel Tranmer
June 20
- John P. Mcgrath
June 25
- Paul A. Reyff
June 25
- Patricia Lawrence
June 28
- Andrea Schrader
June 30
- Donald J. Andrich
July 02
- Mark Willey
July 06

June 16 2016

Submitted by Henock Tesfaw

Welcome: President Hugh gave welcome to members and guests at the Vintage of the Silverado Resort.

Pledge & Thought: Doris: "Buck up, getup , shutup and getherdone" Doris

Song: Choir leader Tom Feutz, chose a short one. "Happy days"

Guests of Rotarians: Gary introduced Bob Maran and Jim introduced Ester Koch

Visiting Rotarians: Ya shi Tsukuba from Tokyo. She brought everyone some things from Japan (very nice of her, we all thanked)

Announcements: Jason let everyone know on June 23rd there will be a party to kick out the current president of Sunrise Rotary Hugh. The kickout party will be held at the Hampton suite Inn at 6pm. Becky wants help hosting an Italian couple for a week...Katie notified everyone to ask her if they need to know where they stand when it comes to their PH and foundation donations...Gary announced June is Elder Abuse Awareness month...Doris reminded everyone about the July 4th parade on July 4th...Hugh asked everyone to stay off their phones while the guest speaker was speaking....

Happy Dollars: Dean's Birthday was today. Happy birthday Dean. He also celebrated his 33 year anniversary \$100 to endowment. Mike Basayne got the best Fathers Day gift - his son got married, and he also announced that he will be moving on to Playptus tours after 7 years...Todd flew to Houston to drive all his sons belongings back to Napa \$100 to the endowment. ...Rocky was \$25 daughter started a new marketing job. Howard was \$50 happy his son retired from a beinghomicide detective in Richmond.

Rotary Joker: Kent pulled 3 of spades, leaving his \$10 winnings in the Joker pot for a future winner.

Speaker Program: Jim introduced Esther Koch (no relations to the Koch brothers). She was CFO before earning her Gerontology degree and starting Encore Management, an elder care advisory firm targeted to businesses and adult children of aging parents. Her talk was entitled The New Realities of Elder Care. This was one of the most interesting talks (this scribe has never noticed so many people paying attention so intently like this meeting). The main points of her talks were as follows:

- There is about \$550 billion/year of unpaid family member caring for aging family.
- Cost of the elder care has increased. In this sandwich generation (meaning the adult is busy having to care for their parents as well as their own children)
- We should be talking to our aging parents and relatives soon about their care. Although this conversation can be a bit uncomfortable, it should be done sooner than later. preferable on Thanksgiving day. The division of labor with siblings should be discussed as well.
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Julie Neely
July 07

District Calendar Events

- A lot of adults use the out of sight out of mind approach Aka denial.
- We SHOULD FORGIVE BEFORE IT'S TOO LATE. The only thing one can't do anything to change in the world is Regret.
- Help create and add memories for your elderly. Power of touch, word, family(especially grand kids)

If anyone would like to ask Mrs. Koch question please feel free to do so esther@encoreresther@encoremgmt.com or call 650-358-9025.

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Disclosure as to accuracy: No responsibility is taken for the accuracy of the content within this bulletin or for the reliability for what may or may not have occurred at this gathering.