



September 3, 2015

Submitted by Charlie Bogue

Upcoming Speakers.

September 10 - Joe Fletcher, Cal Fire Update

September 17 - Mary Butler, Napa County Probation

September 26 - John Corrigan, Napa Special Investigations Bureau, Narcotics in the Napa Valley

October 1 - Mark Luce, Tanzania Well Drilling Project

October 8 - Joy Aldrich, City of Napa Water Status

October 15 - Pam Simpson, St. Helena Chamber of Commerce

October 22 - Rex Stults, Napa Valley Vintners, In Our Napa Valley

October 29 - Alex Meyers, Craft Talk

Welcome: President Hugh gave a rousing welcome to Sunrisers first September meeting at the Ballroom at the Silverado Resort.

Pledge & Thought: Morgan Putnam led the group in the pledge to the flag and raised the bar in the thought for the day after two weeks of Ronald Reagan to Socrates. The thoughtful and contemplative thought may have sailed over many but was kindly summarized by Putnam to mean the importance to any group of "sharing our way of thinking".

Song: Tom Feutz, with the able assistance of Pastor Ron, took on a singing in round of "Are You Sleeping Brother John" which came off surprisingly well.

Visiting Rotarians: Rotarian George Mahalis joined us while visiting the Napa Valley. Erin Dunn, our District Governor is staying at the Beazley House and joined for breakfast.

Guests of Rotarians: Mark Diekroetger introduced Lobster infiltrator from Napa Kiwanis Mary Beth Herman.....Corey Waken welcomed his guest Jimmy Warnley.

Announcements:

Mike Basayne announced that Napa Tours and Transportation will be providing **free rides this Labor Day Weekend** for locals who over imbibed and need a lift home. Download their app with the code word LABOR and you can get assistance Friday, Saturday and Sunday from 7-12 PM.

Jim Collins, having received just 32 on line responses has confirmed Napa Sunrise membership to be clearly not tech savvy. Not exactly a shocker, he asked that you bring your checks to the meeting and that the old school clip board was being passed to confirm signups for our upcoming **Sunrise Rotary Lobster Feast** on October 3rd.

Cathy Dickey announced that the beginning of the year service club rally is coming up next week at Napa High. Members are asked to help man the both to support **Interact** and answer questions on Rotary services and mission. Contact Cathy for exact time of the event and it does qualify as a makeup.

Chris Craiker reported that 160 diners were served at **The Table on September 1st**. John Coleman provided sponsorship and brought several of his crew to help out. Among the cooks were Chris, Larry Sharp, Jessica Johnson, Jamie Buffington, Patricia Lawrence and Colleen Clark. On service and cleanup thanks to Denny Mosher, Scott Heun, Ron Driscoll, Leona Charauros, Mark Luce and Mark Willey.

Unable to make it to the breakfast meeting **Debby Wheeler** asked that I include in the Bulletin upcoming "**Zero Prostate Cancer Run Walk**" fundraiser on **September 13th at Kennedy Park**. There will be a 10K, 5K and a 200 yard run for the kids with the event starting at 8AM. Debby's team has raised over \$1700 on the way to a goal of \$2000. Google Zero Prostate Cancer Run Walk Napa for the site where you can sign up (<http://www.zero prostatecancer.org/faf/donorReg/donorPledge.asp?ievent=1135771&supid=425619474>), donate and support Debby and her husband in fundraising for this important cause.

Infiltrator Napa Kiwanian Mary Beth Herman announced their "also" upcoming **Kiwanis Lobster Feed** at Copia on September 19. Priced at \$110 per person she invited and encouraged all to attend. From there, President Hugh negotiated some sort of mutual supporting attendance factor that will benefit both events and both clubs.

Jason Dominici announced his return from the multi day **Rotarian Young Professional Summit at Berkeley** where he enjoyed the interaction and exchange with other young Rotarians. He thanked the district and region for putting such a great event together and will report later in more detail.

President Hugh announced the **Board Meeting for September 4th** at 7AM which will review the Long Range Plan put together by Joel Tranmer and Denny Mosher. The Endowment meeting will immediately follow.

Club Events

Oct 2 - Board of Directors

Oct 3 - Evening at Monticello Lobster Feast

Oct 6 - The Table

Birthdays

Mark Lesti
September 13
Edward A. Berruezo
September 17
Kenneth M. Lydon
September 19
Mitchell Johnson
September 28
Chris Craiker
October 03
Morgan Putnam
October 06
Denny Mosher
October 06

District Calendar



Events

September 18 & 19 Institute for Leadership (IFL), Santa Rosa JC

Friday, October 23 WORLD POLIO DAY

Saturday, October 24 Foundation Dinner South (Santa Rosa—Flamingo)

Saturday, November 14 Foundation Dinner North (Ferndale)

May 6-8, 2016 District Conference in NAPA



Sunrise Rotary Lobster Feast Update:

The Lobster Twins, Alex Meyers and Joe Fischer, put on a sound and power point update of our upcoming October 3rd event that is worthy of separate notice. It was announced and thanked that Mechanics Bank has agreed to be a Platinum Sponsor for the event. Dressed appropriately in bib and lobster jacket, they announced that the event will start at 4:00 and wrap up at 7:30 and suggested attire to include a jacket and flat shoes for the ladies. The evening will include local restaurant appetizers, the lobster dinner, music and a great auction including wine, dining and getaways. Our largest fundraiser of the year, all members are asked to find gift auction items from your favorite restaurant, your wine cellar, your garage or trips or adventures will help raise money for the Club's projects. Act now and contact Joe with auction items, Jim about your ticket signups and to Alex about volunteering where help is needed. To Joe's closing comment "Let's blow those Kiwanians out of the water".

Happy Dollars: Back from the Isle of Jersey, **Jim Beazley** was \$50 happy to the Club Operations for having experienced this distant land said by Jim to be long in Churches and short on pubs. Not short on scenery, Jim recommended it to those that can withstand 11 hours in the plane and other logistics and want to better know this area and its history. He was welcomed home by a waterfront dinner at the Spinnaker Restaurant in Sausalito.... \$100 happy to the Table and \$100 to the foundation **Mark Willey** was happy to have his niece visit his home for two weeks and give them all the opportunity to see the sites of the San Francisco Bay...friendly **Kiwanian Mary Beth Herman** gave \$20 to Polio Plus for her opportunity to pitch her club's more expensive upcoming Lobster Feed....\$100 Happy Dollars to his daughter's Paul Harris, **Mike Downer** was excited to deliver his daughter for her freshman year at Gonzaga University where she will play lacrosse and play the saxophone for the Bulldogs.....Happy about his recent visit to Hawaii and his granddaughter being a Rotarian exchange student to Spain, **Howard Haupt** gave \$25 to Pathway Home....a little late to the meeting, **Paul Row** was \$100 happy to share his slight career shift to a company he has formed and now received initial funding. More information will be coming soon....and **Jim Beazley** gave an additional \$25 happy dollars for having our District Governor Erin Dunn as his guest at the Beazley House Bed and Breakfast. She returned the honor with kind and glowing words about her stay with the Beazleys.

Rotary Joker: A growing pot of \$1311 from increased ticket sales and now only 30 cards left in the deck, Patricia Lawrence had the winning ticket but unfortunately not the winning card. No doubt a winner is coming soon and don't forget you must play to win.

Speaker Program: Craft Talk from Doris Gentry

Once again we were awakened to the gift of "gratitude" as Doris shared with the group her difficult and painful childhood as a Foster Child suffering physical abuse while moving from one home to the next. Suffering multiple injuries including broken bones and brain surgery at age 21, Doris related a life of growing up with few signs of love and even less of support as she attempted to make sense of the world from a cruel and damaging home environment.

Doris was able to pull the lemonade from the lemons of her life when she realized that "when crap happens, we make a choice". Will that choice be to allow wrong behavior to be repeated or will the choice be to "break the mold" and create a new me defined by the positive choices I chose to make.

Asking each of us to remember one teacher or mentor from our early childhood that made a difference in our lives, Doris challenged us to know that Napa Kids need each of us to be that positive role model that can make a life changing impact on their growth and development. Directly as parents, grandparents, neighbors or friends or indirectly through Rotarian support of Interact and the Boys and Girls Club we have that chance to offer that element of support which was clearly not available to Doris in her troubled youth.

To answer this challenge of supporting our young people Doris was able to draw on her 20 years of teaching parenting classes at Napa Valley College and her over 20 years as a Foster parent to over 100 teenage boys. From these activities and her other life experiences Doris gave us her 4 favorite parenting tips.

Tip #1) Learn the Ages of Influence for Kids. Years 0-5 is the tactile phase of growth with the focus on touch, taste, run and play. Their first opportunity to explore the immediate universe as they discover their own body skills and limitations. Phase 5-9 years kids are taking everything in like sponges and expanding their horizons of interest. Much like a puzzle not yet complete they are sensing and experiencing the world around them but not able to make sense of how things work as they are learning but not yet really thinking for themselves. Doris then sited the age phase through 9 and 10 years as the kids now begin to connect the dots "logic is ruling their minds and you begin to see the deep analyzing of things". Knowing the ages of influence helps us to better connect.

Tip #2) You matter and you are making a difference in the life of a child. Doris reminded us that we can still remember the name of that teacher or person that impacted our lives some 40 years later. Don't think that just because you have a limited amount of time with a child that you are not making an impact. Even as a neighbor, friend, aunt or uncle you have every opportunity by your "actions, words and encouragement" to

make an impact that lasts a lifetime.

Tip #3) Technology sucks the life from our kids. The feared reality has now been documented that children today spend over 7 hours a day looking at some form of screen device. Kids need to be still to think, read or just daydream as they explore a world filled with possibility. Doris encouraged getting outside and looking at the sky and birds as a far more stimulating, expanding and connective than burying noses in a laptop or going to see a movie.

Tip #4) Remember that a soft voice calls people to you, share your views but use your library voice. Reminding everyone that kids do as you do and not as you say, it is important that your actions are in alignment with the words you are saying to them and in their presence. As well, a louder voice does not enhance communication; when you are gracious and fair with them they will rise or fall to the level of their environment.

After sharing her 4 tips of communicating with children, Doris thanked all Rotarians for all they do in supporting and relating to the young people in our community. Her sharing the detail of her difficult childhood and what she has accomplished by turning her life around to the point where she can now help others to not to have to experience the pain and fear as she did in her early formative years. There was a warm ovation thanking Doris for heartfelt sharing of her past and a present where she continues to offer a home to those who have none.

Concluding Breakfast: President Hugh gave Bob thanked Doris for her talk and sent everyone out for a very successful week in our beautiful Napa Valley.

Submitted By: Charlie Bogue, Broker - Coldwell Banker Real Estate, cbnapa@napanet.net

Disclosure as to accuracy: No responsibility taken for the accuracy of the content within this bulletin or for the reliability for what may or may not have occurred at this gathering.

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