



"What's Up?"

Your Napa Sunrise Rotary Bulletin

<http://www.rotary5130.org>

## Events

September 2016

09/21 - Rotary Means Business

October 2016

10/04 - The Table

## Birthdays

Todd Walker

August 10

Iris Barrie

August 14

Scott J Heun

August 16

Alexander J Myers

August 16

George Lambrix

August 24

Ron Driscoll

August 25

Debby Wheeler

August 25

Harold Moskowitz

August 26

Larry Sharp

September 07

Christopher R Lougee

September 08

## District Calendar Events

September 1 2016

## Submitted by Henock Tesfaw

Welcome: President Mark gave welcome to members and guests at Silverado Resort.

**Pledge & Thought:** Dean "Women who seek to be equal with men lack ambition" Timothy Leary

**Rotarian Minute:** Craig: Fellowship, fellow men, fortunate and frittata.

**Song:** Choir leader Tom Feutz, "Bring the grapes"

**Guests of Rotarians:** NA

**Visiting Rotarians:** Gene Waken and Richie Fernandez

**Announcements:** Rocky announced "DG's upcoming visit to our morning meeting on Sept 8th.

We are asking for donations for the perpetual fundraising gift basket. I'm donating 2 Giants vs Cardinals game tickets valued at \$82.00 each. Please donate any sports items, wine, restaurant gift cards or anything that can add fun to a day in the Bay and Napa areas. We appreciate any donations. Please bring items to our Sept 1st meeting so we can put it altogether in a basket" .. John reminded everyone about the dictionary for kids.... Chris reminded everyone about serving at the Table Sept 6th.... Joel announced on Sept 24 Mr. Read has invited our rotary up to the ranch...Jim B Sept 7th garden reception in honor of the DG at the Beasley House at 6pm...Mike Murray announced the 9/11 remembrance at 3:30pm.

**Three Minute Rotary:** Chris Craker: spoke briefly about architecture and copyright law.

**Happy Dollars:** Pastor Ron turns 55 and he was going to meet his first grandson \$100. \$50 for President Mark for being interviewed regarding the earthquake.

**Rotary Joker:** Chris Craker . pulled 9 of heart, Total for the Joker is \$153.00

**Speaker Program:** Adam Tagart from TaraFirma Farms. The Importance of Pasteurized meat.

Tara Firma Farms is a sustainable farm in Petaluma, CA, which produces grass-fed beef, pastured pork, and pastured chicken.

Through **our "Grow the Mind to Grow the Soil to Grow the Food that Strengthens the Community"**

**We follow a philosophy of building and supporting the processes that re-engage the natural life cycles here on the farm. These cycles are all interconnected; from microbial life in the soil to grasses to the animals that use and support that grass and more. Because**

stress is the enemy of all living things, our goal is to support these natural processes and intentionally avoid any and all stress for all involved in these cycles. We do not use hormones or chemicals of any kind in the raising of our animals. With no stress and a healthy lifestyle they never get sick!

Throughout our journey we have learned some disturbing facts about the current industrial food system but many more inspiring solutions that honor the land, animals, and life cycles critical to the planet's survival. Through this process we are guided by core values that we believe are critically important to the environment and future of food:

- Provide the animals, plants, and soil a happy, stress-free, healthy lifestyle.
- Grazing our animals in a way that revives grassland to sequester carbon from the atmosphere.
- Allowing our animals access to a plethora of greens thereby transferring valuable nutrition to you.
- Offer an environment where people can comfortably learn about where their food comes from and interact with those processes.
- No chemicals or drugs of any kind in/on land or animals.

We bring this delicious, healthy, farm fresh food to you through our CSA program that delivers to your doorstep, business, Farmer's Market, or you can pick up here at the farm! [SIGN UP](#) today to receive the cleanest, healthiest, tastiest food in the San Francisco Bay Area without altering your busy schedule. We currently deliver direct door to door to any location in California.

If you live anywhere in the state of California, we can deliver to you!

Here at Tara Firma Farms we believe that sustainable, Non-GMO, pasture rotation farming is the future of food production and we are working to pave the way for generations to come. Pay us a visit!

[CSA program](#), we offer the best-tasting, healthiest, most humanely-raised meats you can feed yourself & your family.

In 2009, we set off on a mission to create a source of food produced with the highest integrity, that brought the community together, and that allowed our consumers full access to our farm. From the inception we

provide education to the public with our free farm tours. Here, the community learns where their food comes from, how they can be accountable in the process, choosing between conventional, organic, or local, and knowing all the differences to make educated decisions. Our valued members hold us accountable by demanding the highest quality food produced in the most sustainable and ecologically sound way. Inspired by the genius of Joel Salatin, owner of Polyface Farms, we were able to bring this vision and our community together to experience healthy food and the life cycles that support each other and our planet.

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Disclosure as to accuracy: No responsibility is taken for the accuracy of the content within this bulletin or for the reliability for what may or may not have occurred at this gathering.