

Upcoming Speakers

3/14 - **Allyson Cox Taylor**, Executive Director, Child Abuse and Exploitation Division - Office of the Attorney General

3/21 - **Dr. Jonathan Couch**, Neurosurgeon - Mercy Neurosurgery AND **Dr. Jim Ed Couch**, Neurologist - Mercy Neurology

3/28 - **Michael Yungmann**, President & Chief Executive Officer - Lourdes Hospital

Club Leaders



Melanie W. McNeill
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Dee Dee Whittaker
President-Elect



Shawn Turner
Secretary



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Vice President



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Treasurer



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Clay Howerton
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Laurie Latham
Glen Anderson
Brad Clark
Zach Hosman
David Hutcheson
Maurie McGarvey
Terry Reeves
Dee Dee Whitaker

GearTeeth

The Rotary Club of Paducah



March 7, 2018 Issue 79, Number 33

Website: www.paducahrotary.org **Instagram:** <https://www.instagram.com/rotaryclubofpaducah>

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GearTeeth is published weekly except New Year's, Easter, Quilt Week, 4th of July, Labor Day, Thanksgiving and Christmas.

Colon and Colorectal Cancer Awareness Month

March 7, 2018

Speaker: Dr. Ross Jones, Gastroenterologist with Mercy Gastroenterology. Dr. Jones was introduced by Rotarian Jessica Toren.

Topic: News and information about colorectal screenings

Takeaways for Rotarians:

-Colon/Colorectal Cancer (CRC) is the second leading cause of cancer death in the United States, according to Dr. Jones. An "extremely common" type of cancer, it is the 2nd or 3rd most common cause of cancer in the world.

-The year 2017 saw 135,000 new cases of CRC in the United States. 95,000 were colon, 40,000 were rectal cancer. 50,000 people died from CRC in the US in 2017.

- "Things are looking up," Dr. Jones reported, "thanks to better treatment, more awareness, and more availability to screening tools, overall deaths from CRC are on the decline." He added that the increased number of colonoscopies being performed allows doctors to remove more pre-malignant polyps more often and more efficiently.

-While some improvement is being shown, doctors are seeing more CRC in younger populations (approximately 35 years old). He attributed that rise to diet and lifestyle factors, and the need for more people to be screened. One in three people in the US eligible to be screened, 23 million people, are still not being tested.

-Dr. Jones profiled the most "at risk" population for CRC. They include: everyone 50 years old and above; people with a personal or family history of colon polyps or CRC; people who are obese or not physically active; smokers, heavy drinkers, and those with a history of inflammatory bowel disease.

-The various tests available for CRC screening include: yearly stool tests; colonoscopy; barium enema; sigmoidoscopy; CT colonography; and blood testing.

Announcements

March 7, 2018



Randy Bridges

Scott Taylor

Shawn Turner

Birthdays

Lewis Carr

March 14

Anita Akin Lentz

March 18

Betty Higdon

March 19

Kyle P Katterjohn

March 22

Lanny King

March 23

Bruce Akin

March 26

Victoria E. Caldwell

March 28

Michael Cochran

March 29

Brandon W Morgan

March 31

Charles R Manchester

April 02

Marvin G. Devers

April 05

Maurie McGarvey

April 07

William Edward Barker

April 07

Laurie Latham

April 09

-President Melanie reported that on **World Rotary Day**, the Paducah Club read books to more than 350 students in 11 different schools! Rotarians volunteered to visit local schools to read books to students as part of World Rotary Day...the 113th birthday of the founding of Rotary International. Many thanks to all who participated, and sent pictures and information about their time at the schools.

-Today was the final day of accepting contributions for the **Polio Plus Dessert Auction**. The club's dessert auction, and additional contributions, totaled \$10,540. Adding the anonymous donor's \$10,000 matching donation, the Rotary Club of Paducah donated a total of \$20,540 to Polio Plus!

-Rotarian Jamie Futrell reminded the club of the special appearance of noted motivational speaker and best-selling author Andy Andrews at the **District Rotary Meeting** in June. Andrews will speak at 3:00pm, June 1. For information on sponsorship packages, contact Jamie.

-**Charitable Donations** from the club were presented to two local organizations. Gary Ecklekamp accepted a donation on behalf of Community Ministries for their projects, including a warming shelter. Terrye Peeler accepted a donation for Paducah Lifeline Ministries.

New Member Proposal

March 7, 2018

Upon recommendation of the Membership Approval Committee and the Board of Directors, the following individuals have been proposed for membership in the Rotary Club of Paducah:

Amy Webb, Melinda Winchester and Ben Brazzell

Objections must be filed in writing to the Club Secretary within seven days. It is not necessary to respond if you do not object to this recommendation.

Guests

March 7, 2018

Amy Webb – guest of Jody Stivers
Rachel Curry – guest of Lee Emmons
Joelle and Ryan Long – guests of Clay Howerton
Anne Marie Jones – guest of Suzanne Farmer
Kevin Wilson – guest of Zach Hosman
Eddie Jones – guest of Allan Rhodes
Jason Coltharp – guest of Shay Morgan
Jack Johnston – guest of Bob Johnston
Audrey Withrow – guest of Mike Muscarella
Hanna Fischer and Max Overlin – student guests from Paducah Tilghman
David Perriello, Brendan Wright and Preston Wright - student guests from McCracken County