

Upcoming Speakers

10/21 - Allen North, Assistant Vice President
Banking Supervision & Regulation, Federal
Reserve Bank of St. Louis
10/28 - Paige Quintero, M.D., "The Benefits of
Surgical Weight Loss"
11/04 - Kristy Lewis - Paducah Head Start

Club Leaders



John A. Williams Jr.
President



Glen Anderson
President-Elect



Phyllis B. Russell
Secretary



Thomas Scott Taylor
Treasurer

Todd Anderson
Membership Chair

Don Barger
Sergeant-at-Arms

Roger Truitt
Rotary Foundation Chair



Jamie B. Futrell
iPast President

Denise A. Chapman
Club Executive Secretary

Birthdays

Roger Truitt

October 15

Shawn Turner

October 16

Tammy Potter

October 16

Deborah Simon

October 19

Brenda Allcock

October 19

J. William Howerton

October 22

Laura A Duff

October 23

Arthur P. Feather

October 26

Milton M. Livingston Jr.

October 28



GearTeeth

The Rotary Club of Paducah

Website: www.PaducahRotary.org

October 14th, 2015 Issue 77, Number 15

Gear Teeth is published weekly except New Year's, Easter, Quilt Week,

4th of July, Labor Day, Thanksgiving and Christmas.

Medical Education to Make a Difference in Western Kentucky

October 14th, 2015



The University of Kentucky's College of Medicine has taken a big step toward solving the issues of medical care in rural and underserved areas in the region. Their relatively new Western Kentucky Initiative puts medical students at three hubs, including Paducah, in hopes that after several months of studying and shadowing local physicians, they will return here to practice after graduation.

Dr. Carol Hustedde, the Director of Community Medicine for UK illustrated how many pockets of low care exists in western Kentucky. For example, Ballard County has no physicians and only one Nurse Practitioner to serve residents. In Trigg County, she said there is one physician for every

14,000 residents. McCracken fares better with a ratio of one to 1,214.

Dr. Hustedde said history has proven medical students end up practicing where they trained, which is the important component behind training these third year medical students in Paducah, Owensboro and Bowling Green. During the their five months at one of the hubs students rotate with local physicians in their offices, or at local hospitals, through all the disciplines. In addition, the students are able to electronically attend courses at the main UK campus over the internet.

The students are required to connect with the community, such as participating in Paducah's new Health Park initiative. Dr. Hustedde said the new park is an important free resource for the local medical community for the overall well-being of patients, which may be dealing with chronic illness or wellness issues. The ultimate goal is to recruit more western Kentucky students into the program.

What Does Rotary Mean to You?

October 14th, 2015

We all have different reasons for being in Rotary and get different outcomes from being here. Some of us enjoy the comradery of weekly lunches, some of us use Rotary to network with other active businesses in our community, some of us volunteer for everything and get great enjoyment out of helping others, and on and on.

In an effort to understand what Rotary means to us and ultimately to help spread around the community all that Rotary means and does for each of us individually, we are going to test a campaign and have Rotarians tell "what Rotary means to me".

The campaign will start with our lunch on 10/7 with President John Williams Jr. Every other week we would like for a Rotarian to stand at lunch and tell what Rotary means to them in hopefully a 2-3 minute "elevator speech". We will start with some of our past

presidents to get the momentum rolling and then hopefully have enough volunteers to fill-in from there.

If you are willing to participate, please contact Denise, Todd or John to get you on the calendar.

Announcements

October 14th, 2015

Rotarian Danny Evitts is recuperating from bypass surgery so members are asked to keep him in your thoughts and prayers during his down time.

John Carrico, a Mayfield Rotarian, urged members to look for graduate students who may benefit from studying abroad with the help of a Rotary scholarship. Two students will be selected for recommendation to Rotary International for the scholarship opportunity. The deadline to apply is Dec. 15th.

The Rotary Board of Directors will meet Wednesday, October 21st at 5:15 pm, as will the Playground Steering Committee at 4:30 pm. Both meetings will be held at the McCracken County Library.

President John asked Rotarians to visit the Paducah Health Parks Facebook page and “like” it, as well as to invite their Facebook to “like” it. Find it here:

<https://www.facebook.com/PaducahHealthPark?fref=ts>

Guests

October 14th, 2015

Lindsey Thorner, Isaac Mittendorf, Gina Winchester, Janice Way, Jeff Vella, Jeff Cunningham, Michelle Cunningham and Maycee Cunningham – guests of Mike Muscarella;

Peter McNally – guest of Ken Wheeler;

Cheryl Grana, Peggy Pauley and Linda Caruso– guests of Richard Grana;

Jodi Hooper – student guest from Commonwealth Middle College;

Aaron Draw and Madelyn Chambers – student guests from Paducah Tilghman;

Antonio Barraza – student guest from St. Mary;

Katherine English – student guest from Community Christian Academy;

Audrey Dodd, Jenna Morgan and Trent Porter – student guests from McCracken County High;

And Rotarian John Carrico from the Mayfield Rotary Club