



# Rotary Club of Dalton Newsletter

<http://www.daltonrotaryclub.org>

## This Week:

June 24

Chuck Dobbins

*Passing of Gavel*

## Upcoming Meetings:

July 1

David Aft

*Club Assembly*

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## Club Officers:

### **Chuck Dobbins**

President

### **David Aft**

President-Elect

### **Frank M. Hogshead**

Secretary, Treasurer

### **Brian Anderson**

Immediate Past President

### **Kelly Jones**

Club Administration Chair

### **Judy M. Elliott**

Membership Chair

### **Kathryn Sellers**

Public Image Chair

### **Judy M. Elliott**

Membership Chair

### **Ty Ross**

Community Service Chair

### **Scott Rhoden**

Youth Service Chair

### **Jason Parker**

Vocational Service Chair

### **Sandra Stone**

Foundation Chair

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## Wow! End of the Rotary Year Already?

By: Chuck Dobbins

It's hard to believe my year as your president is coming to an end. To my own surprise, it went by rather quickly. It seems, by the time we had it all organized to start last July, we rolled on through the year in a flash. The time flew by because serving this club was something I enjoyed doing and I was able to do it with people who I respect and whose company I enjoy!

We are truly fortunate to belong to Rotary International and more specifically, to the Rotary Club of Dalton. As Rotarians, we make a difference. It is not big talk. Rotarians take enormous actions that make this community better and the world a safer, healthier place. We are all part of the spokes of this big Rotary wheel that brings a helping hand to those in need.

So many of you have served so well and it has been reflected in the quality of the programs, the community service projects, foundation giving, service to youth, vocational service, financial strength of the club, administrative service (sergeants at arms, prayers, greeters), publicity of programs and events, fellowship, and membership growth. Your board and the various committees have worked diligently to ensure that this club continues to be the premier service club in our community as it has been for 77 years now. The list of people to thank for serving so well this year would clearly fill the entire newsletter. I will sum it up by saying that I so am grateful for the outstanding work of the board, the committees and each of you.

What a blessing you have given me! As president, I have had a unique view into how much you, as Rotarians, do for our club, the community, our state and the world. Your service to others has inspired me and serving you has been such an honor. Rotary International President, Ron Burton, asked us for 2013-2014 to "Engage Rotary, Change Lives." As your president, I can affirm that the members of the Rotary Club of Dalton have engaged Rotary and changed lives this year!

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## Welcome New Rotarians!

By: Kathryn Sellers



Seth Cole, sponsored by Ty Ross and Greg Dent, sponsored by Nancy Kennedy were inducted as new Rotarians.

Seth is a Business Banker with Regions Bank, is married to Dr. Marybeth Cole and they have a 3 ½ year old daughter Susanna. Seth loves the outdoors and being with his family.

Greg is the new Executive Director for Northwest Georgia Healthcare Partnership with a background in public accounting and the securities industry. He comes to Dalton from Macon where he was a county commissioner, and was CEO of Community Health Works. Greg has a 17-year-old son and says he is ready to go to work for Rotary.

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## Nancy Kennedy's Retirement Celebration

By: Chuck Dobbins

On behalf of the Northwest Georgia Healthcare Partnership, you are invited to attend Nancy Kennedy's Retirement Celebration on Tuesday, June 24th at Mack Gaston Community Center from 4:00 - 6:00 PM.

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## Host Family, Richmond Honored

By: Kathryn Sellers

Agnes and John Richmond were thanked for being our host family for Elsa Hellsten, our GRSP student this past year. Because John is already a Will Watt Fellow, Agnes was honored with this award. In speaking about the experience, Agnes encouraged Rotarians to think about this rewarding program, rewarding for both the student and the family. She said, "you will find room for another teenager in your home, and your heart will be big enough for another love. After all, we now have new friends in Sweden."

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## Rotary Minute with John Minor

By: Kathryn Sellers

Rotarian John Minor is an attorney who earned his degrees at Vanderbilt and Mercer and now practices in estate planning and probate. He says he is comfortable with seldom being in court! The grandson of longtime Rotarian Tom Minor, we are glad to have John as one of our newer members.

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## Michel Pare, Reconstructive Surgery and Injury Prevention

By: Kathryn Sellers



Michel Pare was introduced by Jeff Myers who said that Pare was educated in Canada and at the Mayo Clinic and is now vitally involved in the development of the Spine Center at Hamilton Medical Center. The Center was created in 2009 when they added Dr. T. Bunker, then Drs Bors, Pittman (Neurosurgeon) and Hare (Pain specialist) were added in 2013. By 2015 the Biomechanics Lab will be completed at the Bradley Wellness Center.

This group promotes programs about concussions and spine care, all intended to demystify spinal pain. He stated that spine care is a 3 Billion dollar industry in which only 15% problems are surgical or life threatening. The other 85% is mechanical where age breaks down the spine. "Functional restoration" is the group's focus of this complex system. The spinal motion or neurological integrity affects the whole body and how it moves together and is often determined by other issues.

To the goal of "move well and move often" the group performs mobility and fitness tests for biomechanical issues. New equipment called Optogait analyzes the kinetic gait and provides instant results about the power and stride length with LEDs on joints that show ground reaction to movement. Over time, it can document improvement.

The newest device is a markerless motion capture system in which cameras film movement from different angles and will calculate the physics of movement. The results are accurate, reproducible and very versatile. In the large Bradley Wellness expansion by 2015 they will be able to analyze mechanics for all sports to keep people moving by age and skill set. Gait speed and longevity are very related so it is important to start an athlete with technique and then move to high performance. This will be possible for golf, baseball and any other sports.

Concussion management is top of mind today and Pare suggested that function is the issue and that is hard to measure. He said that the person must be treated right and given time to recover, usually 7 – 10 days because a second concussion is a real problem. There are now concussion laws in Georgia and all states – the "return to play" law. The rules include education and a "cleared to play" protocol. "Don't hide it, report it, take time to recover." And "when in doubt, set them out."

It is important to get a cognitive baseline before the season. They have tested over 1,000 local athletes in 8 high schools in the last year. After an injury they will be retested until they are symptom free because cognition is very important. The tests involve visual, balance and a neurotracker. They feel it is important to also test in middle schools. These test results are held in a cloud-based system so that they can be accessed anywhere. He said that concussion insurance is a wise choice.

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## Congratulations Tangela Johnson

By: Chuck Dobbins



Our own Tangela Johnson, President of North Georgia Center for Educational Excellence (NGCEE) has been newly appointed to Georgia's Department of Early Care and Learning Board. Tangela has successfully worked as an organizational development consultant and strategist for the past 16 years. She also served as an adjunct faculty member at Dalton State College.

Georgia Department of Early Care and Learning (Bright from the Start) is responsible for meeting the child care and early education needs of Georgia's children and their families.

Tangela, we congratulate you and are so pleased that you are a member of our club!

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## Birthdays and Anniversaries

### Member Birthdays

Little, William Norris Sr. (NORRIS)

### Birthday

28-Jun

### Partner Birthdays

Combs, Donna

Neal, Terri

### Member Name

Combs, William D

Neal, John P. III

### Birthday

24-Jun

24-Jun

### Member Anniversaries

Burt, Amanda (AMANDA)

### Start Date

30-Jun-04

### Years

10

### Wedding Anniversaries

Bledsoe, Jonathan L. (JONATHAN)

Miller, Charles Dalton (CHARLES)

Sigmon, Peter Reid (PETE)

O'Neill, Michael Paul (MIKE)

### Partner's Name

Ginny

Sara

Lisa

Lin

### Anniversary

25-Jun

26-Jun

28-Jun

30-Jun

### Years

9

18

28

30

## Four Way Test

