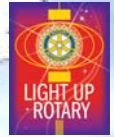




# News From Rotary District 7670



District Governor's Newsletter No. XII

Gary Bray, District Governor

June 2015

Rotarians,

Demi and I thank you for giving us the opportunity to serve you and our clubs this year. We will never forget the many friends we've made and the experiences we've had in visiting the clubs in our District.

I am very proud of the many community and international service projects you have participated in. I hope you will take a trip down memory lane and look at the newsletters with photos and descriptions of many of your projects. Please look at the projects your club is involved in and volunteer your time and/or dollars to help do more for your communities and internationally. Find a project (or start one!) that touches your heart and encourage others to join you in doing good in your community.

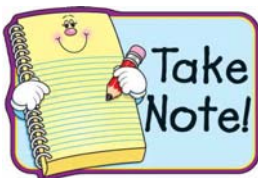
As the Immediate Past District Governor, I will be chairing the Nominating Committee for our 2018-2019 District Governor. In early August, I will be sending a letter to all club presidents asking them to consider nominating someone to interview for the position. The deadline for my receiving the nominations is September 30<sup>th</sup>, and the interviews will take place in early October. If you or someone you know would like to learn more about the responsibilities and rewards of serving as governor please email ([DG14-15@Rotary7670.org](mailto:DG14-15@Rotary7670.org)) or call me (828-349-4029). It is important for our District, our clubs and our members to have several qualified people interview each year.

I sincerely appreciate the advice, counsel and support that Margaret Gormley-Chapman has given Demi and me, as well as all she has done for our club leaders over the years. *Thank you, Margaret.*

Demi and I sincerely hope that you will give the same support to Billi Black and Ron Winecoff that you gave us this year. They have both worked hard to prepare for their 2015-2016 responsibilities, and I am confident that we will be proud of the way they fulfill their responsibilities. I truly believe Billi will be an excellent governor, and Demi and I look forward to working with her and Ron this coming year.

It has been a true honor and privilege to serve as District 7670's governor this year. So I thank you for your support and friendship.

**DG Gary Bray**



RI President-elect K.R. Ravindran introduced a member benefits program at the June 9th closing session of the 2015 Rotary International Convention, saying that many more hands are needed to continue Rotary's work around the world. The program, [Rotary Global Rewards](#), aims to boost membership and enhance member satisfaction. It will debut on July 1st.

"This innovative new program will allow Rotary members to connect with hundreds of businesses and service providers from around the world -- and that number is growing," said Ravindran. "These establishments will offer Rotarians discounts and concessions on the everyday business that you do. And, in many cases, not only will you benefit, but our Foundation will as well, by receiving a contribution with each transaction."

The program will include discounts on car rentals, hotels, dining, and entertainment. Discounts on more products and services from companies worldwide are expected to be added throughout the year. "It will be another way to benefit from being a Rotarian and being part of the Rotary network," said Ravindran, whose presidential theme for 2015-16 is *Be a Gift to the World*. "I urge all of you to become a part of that scheme."



# CART

Coins for Alzheimer's Research Trust  
Approved by The Rotary Clubs of Southern U.S.

As we move into the new CART year, please remember to contribute to this vital program that allows leading edge research be conducted into the causes and prevention of Alzheimer's Disease. Just remember how many Rotarians and their families have received the diagnosis of this cruel and destructive disease that destroys that which makes us who we are, our collective memories. CART has allowed researchers great breakthroughs in determining the causes and the diagnosis of this disease and some hopeful methods to slow and limit the destruction that results.

We measure CART giving from 1 May to 30 April. This is why it is important that clubs submit CART funds quarterly to accurately measure giving by club.

As of **22 June 2015**, here is where the clubs stand in CART giving for a total of **\$6,677.73**:

Total Giving:		
Place	Club	Amount
First	Lenoir	\$905.60
Second	Pisgah Forest	\$848.89
Third	Hickory	\$841.95

Per Capita Giving:		
Place	Club	Amount
First	Pisgah Forest	\$19.29
Second	Madison County	\$15.56
Third	Lenoir	\$13.52

### SUPPORT FOR CART

Former Rotarian Gary Swinkey, a retired FBI Officer, is a euro-car enthusiast. He developed the idea of doing a car show with the **Rotary Club of Hickory**, and needed a good cause to direct the proceeds. He chose The **CART** Fund. The Euro Car Show will be held at Rock Barn June 26-27, 2015 from 10 AM – 2 PM with all net proceeds donated to CART. Attendance is Free. Only "Car" entrants pay a fee.

### **Why Give to the CART Fund? We share a very personal view sent to us from the Rotary Club of Spruce Pine...**

On May 28, the Rotary Club of Spruce Pine was privileged to receive a program titled: " Toward an Alzheimer's Cure, A Personal View" from fellow Rotarian, Bill Carson. Bill was a rocket scientist for 30 years, a weaver for two years, an apple grower for 20 years, but he is now in the biggest fight of his life, again being a caregiver related to Alzheimer's. He was his Dad's caregiver until it became evident that he needed to be in a facility. He, his wife, Judy, his sister Kit and his father moved to North Carolina, where his father was in the Brian Center. His father's condition deteriorated, until he finally ended in a locked unit in Weaverville. He actually passed away from pneumonia and Alzheimer's. Treatment for this horrible disease is sketchy. Judy has Stage 1 Alzheimer's - the medicine is the same as with Bill's father, just different variations. Judy was diagnosed two years ago and the medicine has not worked. Her neurotransmitters were at zero. After three months of a new treatment they registered at low/normal. Testing is new and cutting edge. The doctors discovered that two genes were not cleansing her brain cells and that her kidneys were functioning at 50%, so they are addressing this. There are medicines that can be purchased over the counter to help improve this problem. Brazil nuts, asparagus and sunflower seeds are a natural supplemental source. Changes in diet can improve gene receptors. The real challenge is to understand and find the cure for genetic make up and how it effects some people and not others. Her doctor has been very supportive, and is researching different possibilities in her treatment.



Arch Woodward (l) with Bill Carson

***The above is the reason we give to the CART Fund!***

*Coming together is a beginning, staying together is progress, and working together is success. — Henry Ford*



**Rotary Club of Caldwell County...**

Kimmie Rogers (l) was recognized by the club as a Paul Harris Fellow. Named after Rotary's founder, the award acknowledges individuals who contribute, or who have contributions made in their name, to The Rotary Foundation of Rotary International. Her husband, Scott Rogers, (r) made the presentation at the club's annual awards cookout.



Incoming President, Kent Spears (l) was named the 2014-15 Rotarian of the Year. Spears has been involved in a variety of club venues, including, serving as the club's program chairman for the past two years. Rogers, right, made the presentation to Spears.

The **Rotary Club of Spruce Pine** welcomed Mitchell County EMS Manager Kevin Melton, Paramedic Supervisor, Josh Cook and Paramedic Raymond Cantrell. Rotarian Doug Sudduth introduced the program. Several Rotarians shared personal stories of how lives of loved ones were likely saved by the capable and prompt care provided by Mitchell EMS. They are currently working with Mission Hospital and Mitchell County Commissioners to replace a building in Ledger. The administrative costs were explained, emphasizing the immediate need for a third ambulance. "It is not just a matter of needs versus wants, " said Melton. From his remarks it is evident that the needs are imperative. It could really be a matter of life or death for a Mitchell County citizen.



Rotarian Doug Sudduth presenting a locally handmade Rotary mug to Kevin Melton along with Josh Cook and Raymond Cantrell



The **Rotary Club of Valdeese** introduced its four 2015 scholarship recipients at a recent meeting. Emily Fender (left) has been attending Appalachian State University; Melissa Xiong will be attending UNC-CH; Hunter Hise will be enrolling in Wingate University; and Draughn Rachel Farley will be entering Appalachian State University. These scholarships are financed from support received at the club's annual fall Pancake Breakfast and Spring Auction.

On Thursday, June 4, the **Rotary Club of Spruce Pine** honored Seniors of the Month from Mitchell High School - Cari Pressley, Darby Huskins, and Samuel Staton. They are pictured with Rotarian Rick Spurling.



**Interested in Rotary History?**

You can register to receive newsletters at [www.historyfeatures.org](http://www.historyfeatures.org) and also join us at [www.joinrqhf.org](http://www.joinrqhf.org)

RGHF's History Library website is where you can post your own history. Complete directions for posting your own history are at <http://www.historylibrary.org> .



*Congratulations to  
Bill and Barbara Parker  
Celebrating their 50th wedding  
anniversary this month*

*In Memoriam*

*Margaret Aydelotte*

*beloved wife of PDG James Aydelotte  
passed from this world on June 21, 2015.  
A former Rotarian, she will be missed by all  
who were privileged to know her.*



*Those we love remain with us,  
For Love itself lives on.  
Cherished memories never fade  
Because a loved one is gone.*

*Those we Love can never be  
More than a thought apart.  
For as long as there is memory,  
They'll live on in our heart.*



*Again, we extend our thanks to all who served  
Rotary in the 2014-15 year.  
Your contributions will continue to bear fruit  
long after this year has ended.*

*A special thanks to those who contributed  
articles for the newsletter.  
You have helped all of us know each other as  
we serve of this great organization.*

Membership & Attendance for May 2015			
Clubs in District 7670			
Club	Members	Members	Average
	6/30/2014	Current	Attend%
Arden	16	17	76.06
Asheville	152	131	62.56
Asheville Breakfast	38	47	69.17
Asheville-Biltmore	31	32	88
Asheville-Metro	13	16	65
Asheville-South	43	37	66.22
Asheville-West	20	19	91.63
Avery County	20	17	85.29
Black Mountain	51	54	60.43
Blowing Rock	59	59	90.15
Boone	18	17	73.53
Boone Sunrise	47	45	48
Brevard	37	36	76.79
Bryson City	23	29	67.26
Burke-Sunrise	20	20	78.38
Burnsville	0	12	47.92
Caldwell County	14	13	94.23
Cashiers Valley	48	48	77.01
Catawba Valley (Conover)	29	30	90
Clay County	13	11	100
Denver/Lake Norman	59	61	92.37
Franklin	81	81	77.97
Franklin Daybreak	33	38	89.73
Granite Falls	16	17	69.12
Haywood County (Canton)	26	29	78.21
Hendersonville	170	154	57.8
Hendersonville-Four	25	35	82.86
Hickory	145	144	57.89
Hickory Sunrise	20	22	89.87
Highlands	88	89	96.35
Highlands-Mountaintop	26	21	76.19
Lake Hickory (Hickory)	77	75	82.61
Lenoir	77	67	84.95
Lincolnton	81	82	92.02
Lincolnton - Sunrise	17	18	87.5
Madison County	44	37	73.65
Marion	63	63	83
McDowell County	11	17	58.82
Morganton	54	55	66.31
Murphy	28	26	78.6
Newton-Conover	75	68	67.04
Pisgah Forest	39	43	78.37
Rutherford County	17	14	78.57
Sherrills Ford-Terrell	13	18	72.55
Spruce Pine	35	35	72.22
Sylva	61	59	77.5
Tryon	72	65	76.62
Valdese	38	39	63.25
Waynesville	96	92	83.42
Waynesville-Sunrise	13	14	74.42
Totals, Avg Attendance:	<b>2292</b>	<b>2268</b>	<b>76.55%</b>
50 of 50 clubs reporting			