



2017 - 2018 ROTARY AGAINST DRUGS SPEECH CONTEST

The Rotary Against Drugs Speech Contest was conceived as a means for students to be educated about the dangers of drugs by their peers, rather than by adults. The concept is for several students in a school to present their speeches to as large a portion of the student body as possible. The speakers are to address their fellow students, not the adults who will be judging the contest. Winning the school contest and advancing to the District and Multi-District contests is a by-product of the main goal of the contest.

Our District RAD speech contest will be held on Sunday, February 25, 2018 at James Sprunt Community College, Kenansville at the Williams Building beginning at 1 p.m. I will need the names of the students that will be competing no later than February 10, 2018.

Prizes will be as follows:

FIRST: \$500, SECOND: \$400, THIRD: \$300

Each student's speech should be 6 minutes or less in length. A few other reminders:

- Students should not read their speeches.
- No props, Powerpoint, or other aids.
- Students should remain anonymous at the contest, not giving their name, school, town, etc.

Although it is out of date, additional resources and information about the contest can be found at <http://www.rotary7710.org/RAD/>.

A copy of the scoring sheet that will be used at the district contest as well as helpful tips for presenters is attached.

Rotary Against Drugs Speech Contest

Speaker Designation _____

| Criteria | Scale | SCORE |
|---------------------------|-------|-------|
| DELIVERY | | |
| Enunciation/Pronunciation | 1-10 | |
| Expression/Poise | 1-10 | |
| Sincerity/Tone | 1-10 | |
| ORIGINALITY | | |
| Imaginative Approach | 1-10 | |
| Positive Approach | 1-10 | |
| CONTENT | | |
| Knowledge of Subject | 1-20 | |
| Logical Development | 1-10 | |
| Clarity of Ideas | 1-10 | |
| Persuasive to Peers | 1-10 | |
| TOTAL | 100 | |

Judge's Name

Date

Initial

Helpful Tips for Presenters

1. Research your topic and know your subject well. Use personal stories and conversational language to help you remember it. (DO NOT recite a lot of statistics – Just a few for emphasis and credibility.)
2. Concentrate on what you want to say and on getting it across to your audience, (your peers); this will help displace your own anxieties.
3. Realize that people want you to succeed – they want to hear you give an interesting, stimulating, entertaining presentation and are certainly not wishing you to fail.
4. Visualize yourself giving a successful presentation and listen to the audience clapping – it will help your confidence.
5. Get to know your audience in advance; it may help you to write your speech. Get to know the Room. Beforehand, go up to the podium or stage and make sure you are comfortable with it. Have you space for visual aids? Where will you put your notes, etc.?
6. Practice, practice and more practice until you are comfortable with your presentation and with your speaking voice.
7. Write the main points of your presentation on a single sheet of paper or a set of small cards and have them with you. Know that no matter what you may forget they are there if you need them. (DO NOT READ YOUR PRESENTATION, just glance at your notes as necessary to get back on track.)
8. Relax! – Nervous Energy can be tapped and used as enthusiasm in your presentation.
9. Gain experience of public speaking wherever and whenever you can so that you become comfortable in front of a crowd and with your own voice.
10. Step away from the podium occasionally. Walk purposefully toward the audience when making a strong point. Do not turn your back to the audience.
11. Use vocal variety in your voice – do not talk in a monotone. You can raise your voice to make a point.

Three things the World Champions had in common were:

1. The Pause. To make them think, to touch their heart, to make sure the audience is with you.

Public Speaking is a dialogue, not a monologue. A contact sport. You need to practice in front of an audience.

Put it up on the “pause pedestal.” Pause three heartbeats before the statement, pause 3 heartbeats after the statement. Pause until they’re uncomfortable – get comfortable with the silence during a pause.

2. None of the Champions were perfect. You don’t have to be perfect.
3. They connected with the audience. They had a sparkle in their eye.

The Jerry McQuire concept: The Champions had you at, “Hello’.

The biggest mistake presenters make is that they don’t prepare for the moment that they take the stage. Get comfortable with the stage. This is *your house*.

Your Effect – Remember you are speaking to teenagers.

What will audience members think? What will they do differently when they go home?

You have to go through the heart to get to the audience.

Heart wins out over humor

What one thing (lesson) would you want these teenagers to learn?

Each presentation should have one quote or one overriding message. Repeat the theme often.

Find your own uniqueness

Find your own speaking voice. Just be yourself, don't try to mask or hide yourself. Record your presentation and listen to it.

Video tape your presentation First listen to it instead of watching it.

Then watch it.

Fast forward it to catch repetitious movements that you make.

VISION – Both mental and physical. Visualize your goal.

FOCUS – Focus on the what, not the how. The how will show up on its own.

Use the 4-H Strategy for preparing your presentation:

Head – Does it make sense; does it make you think?

Heart – Does it move you; does it stir your emotions?

Humor – Does it make you laugh?

Heavy - Is it significant; is it important?

Tell a story – don't lecture like a parent

Relive your story.. Get to the feeling as opposed to "words telling the story."

Remember, this may be the last day you present – so put everything you've got into it.

Have your friends evaluate your presentation – what they liked, what they didn't. Did it motivate them?